



What is Osteopathy?

Who are osteopaths?

- Highly trained registered allied healthcare professionals
- Provide a tailored, whole-person approach to health
- Consider all aspects of a person's lifestyle, history and unique physiology to arrive at a diagnosis and personalised health improvement plan



What is needed to be a good osteopath?

- Interest in people and how the body works
- Ability to work by yourself and be independent
- Ability to work with others
- A scientific enquiring mind
- Curiosity and creativity
- Maturity
- Independence and individuality
- Integrity and ability to take responsibility



What do you do as an osteopath?

- Assess, diagnose and treat health issues
- Conduct full medical case histories and use clinical examinations to make diagnoses
- Assess the patient's overall health to identify the root cause of the issue
- Agree on individual management plans that may include manual therapy (hands-on treatment), exercise, health and lifestyle advice
- Refer to and work with other healthcare professionals
- Continue your professional development throughout your career



What will you learn?

- Anatomy, physiology, health and disease
- Clinical and diagnostic skills
- Psychology and human behaviour
- Concepts and philosophy of osteopathy
- Research skills and evidence-informed practice
- Treat the whole person, not just the site of pain
- See and treat patients as part of your training
- Graduate with a health science degree
- You will have skilled, hands-on and practical expertise
- Fully trained to work as soon as you graduate



Who will you care for/ help?

Examples include:

- Supporting mothers, babies and children
- Keeping older people active and mobile
- Aid recovery of musculoskeletal [joints and muscles] injuries or conditions
- Help in the management of chronic or long-term health conditions
- Help amateur and/or elite sportspeople stay fit and support recovery from injury
- With further training treat animals as well as people



Where can you work?

- You can work in private practice or in the NHS
- Work on your own or in a team with other health professionals
- Set up your own business
- Opportunities to work overseas



Who will you work with?

- Work with and refer to other healthcare professionals – GPs, consultants, physiotherapists, midwives and others
- You will build great professional networks and lifelong colleagues



Why choose osteopathy?

- Osteopaths can earn from £45 to £130 per hour and 5% of osteopaths earn in excess of £100,000 (based on results from 2021 Institute of Osteopathy census)
- As an osteopath you make a real difference to people
- High employability rates - 100% of ESO and BCOM graduates are in employment 6 months after graduating
- Osteopathy is regulated in the UK and recognised as an allied health profession
- The majority of osteopaths are self-employed and have the freedom to shape their career around other commitments and interests
- Many osteopaths can specialise in certain areas – some may work with young patients, professional sportspeople or even animals

Career timeline towards becoming an osteopath

GCSE

- 5 x GCSEs including a minimum grade C in English, Maths and Science or a minimum Grade 4 (standard pass) in these subjects as well as:

GCE A-Levels

- Grades BBC from 3 x A-levels to include 2 science subjects (we accept Biology, Physical Education, Psychology, Sport Science as sciences). General Studies is not accepted.

or

BTEC

- Grades: DDM – Must be Health, Science or Sports related and include relevant science modules.

or

Scottish Highers

- 112 UCAS points overall to include 2 science subjects grades BB at Higher Level.

or

Welsh Baccalaureate

- 112 UCAS points overall to include 2 A-levels grades BB in science subjects (as above).

Career timeline towards becoming an osteopath continued

University

- After graduating from your Master of Osteopathy degree or BSc (Hons) Osteopathy, both a four-year degree, you will be able to practise as an osteopath after registering with the General Osteopathic Council (GOsC).
- The first two years of the degree will be pre-clinical study to provide a foundational knowledge of anatomy, medical diagnosis and physiology. The remainder of the course take a practical, problem-based approach, using clinical studies and examples. At the BCNO Group you will have 1,000 hours of clinical training.

ESO Kent – A Great Place to Live and Study

At Boxley House, the setting itself provides a relaxed atmosphere in which to study and our students can take full advantage of the extensive grounds and surrounding countryside.



Beyond the school, Maidstone and the local area provide a wealth of entertainment and interest.

BCOM London – A Great Place to Live and Study

BCOM is ideally located - close to Hampstead Heath, in a green area of North London. Central London and the West End are a 7-minute tube ride away.



We have an active student union that organises many events including social activities, quiz nights and trips.

Student Life



Want to learn more?

To find out more about osteopathy, attend an open day.

www.bcnogroup.ac.uk